

"I have felt such relief working with Jasmina. From the first session I felt something shift both physically and emotionally. Her skill, compassion and understanding are a life line for me and I feel a new confidence in my ability to heal. I am looking forward to a new life free from old emotional patterns."

Ann Miller, States, multiple myeloma

"I recommend Jasmina Kovacev as a very effective and compassionate support person.

She has been my anchor through the difficult times whilst healing from breast cancer. Whenever I work with her she helps bring back my equilibrium and sets me on the peaceful, hopeful path again.

I have been able to work through troubling issues with her so that I feel a calm acceptance of my life.

I experience Jasmina as a highly skilled, professional, caring and dedicated practitioner and I highly recommend her."

Mary C. Business leader, New Zealand,
breast cancer

"Diagnosis of breast cancer was terrifying. Working on emotions using Jasmina's emotional support program helped me to overcome trauma of diagnosis, emotional causes of cancer and address many other areas. 3 months after diagnosis, MRI indicated only a small benign tumour that looked like totally different than initial one."

Aleksandra Celic, Serbia, breast cancer



Jasmina Kovacev, BSc, will be the main leader of the program and will be safely working with you, primarily using the Emotional Freedom Technique (EFT), and other mind, body techniques including German New Medicine (GNM).

Jasmina gave a presentation on this topic in August 2011 based on her depth of experience at the first Emotional Freedom Technique (EFT) and Kinesiology Conference in New Zealand.

Some other healing and relaxing approaches will be included. It is not the technique but how it is used that makes the difference and Jasmina has many modalities to draw on.

Apart from her extensive EFT trainings and knowledge, Jasmina is trained in 26 other modalities such as: BSc (Phytomedicine), NLP (Master), Adv PSYCH-K, basic Theta healing, German New Medicine, Meta medicine (Practitioner, Coach and Trainer), Life Coaching, Wealth Coaching, Diploma in Herbal Medicine, Applied and Holistic Iridology, plus more...

Combination of her wide knowledge and experience are used in creation of this truly unique retreat for the benefit of those that come.

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Directions to Mana
map and address of Mana
<http://www.manaretreat.com/getting-here/travel-information.html>



Emotional Support Retreat

for People Affected by Cancer

January 11th-18th 2012
Mana Retreat Centre, Coromandel

Emotional support and beyond for people affected by cancer

The word cancer creates worries, fears, even panic among those who are diagnosed.

The shock of diagnosis can be as threatening as the diagnosis itself. Stories that one hears and reads about are often discouraging, at times devastating. That creates even more complication and we will be working to dissolve the issues around this.

Even the conservative American Medical Association accepts that 85% of all health issues start at the emotional level. One of my mentors Dr. Pesek believes that it is even higher and that at least 95% of health issues start at the emotional level.

Emotional release and support leads to a much better quality of life and gives hope to those affected. It helps them live their lives with as much normality as possible. The body can often reactivate self healing once the emotional blockages are removed, and coping skills are implemented.

If you are affected by cancer, come and join a small group of others who are ready to let go of their blocking emotions and beliefs and are looking for a better quality of life. One week of transformational work mixed with pleasure and fun in a nice healing environment will provide much needed nurturing for your body, mind and soul.

**THIS RETREAT MIGHT BE THE BREAKTHROUGH
YOU'VE BEEN LOOKING FOR**

**Mana Centre - Coromandel
11th - 18th January 2012.**

**In this unique RETREAT experience,
the cancer affected person will:**

- leave many fears and worries behind
- leave many other cancer related feelings behind
- learn how emotions and beliefs affect their health
- learn the most likely emotional reason for their initial problem
- learn essential coping skills in everyday life that will protect you from further impacts of your environment, ultimately leading to higher resiliency
- discover an attitude that will serve you in a supportive way
- at the same time your body will be nurtured with healthy foods that supports your healing

For an update please visit:
www.eft-emofree.com/cancer-retreat.html

To reserve your place, register online
<http://www.eft-emofree.com/cancer-retreat-reg.html>
and we will contact you shortly
or phone 021 0360506

Every person will have some individual attention and a lot of group work. A supporting team will make sure that your needs are met.

Prior to your arrival, you will need to fill in a detailed questionnaire in order to tailor make the program.

The Retreat is 7 days long and includes accommodation, healthy food choices, fee for the program (group and individual).

Watch the video with all details about the retreat and learn why you get sick at www.eft-emofree.com/cancer-retreat.html

Considering that this is a small group retreat with a max. of 15 people, make sure to book early to avoid disappointment.

